

Fractures of the anterior teeth (those teeth in the front of the mouth) and cavities in the anterior teeth are not uncommon for children and young adults. It is our goal to provide your child with a quality restoration that is esthetic, protective of the delicate nerve tissue inside the tooth, and strong enough to function as normally as possible. The Doctor and the PDO team will discuss treatment recommendations and a treatment plan including a review of financial obligations before treatment is provided.

Once an anterior tooth is fractured or damaged, it is possible that the tooth and surrounding teeth will have future complications including but not limited to nerve damage, infection, changes in root structure, necrosis (death), and changes in color. These complications will likely require additional treatment. The Doctor and the PDO team will review signs and symptoms to watch for after trauma. If you see any abnormal signs or symptoms, please contact Pediatric Dentistry and Orthodontics.

A restored tooth is never as strong as it was before treatment, and children who fracture their teeth are at a high risk to fracture their tooth and/or restoration (filling) again. Please help remind your child to be careful with their restored teeth. We like to remind patients: "Your teeth are not tools". After an anterior tooth has had a restoration placed, it is not as strong as it once was. Your child should not use their teeth to open bags or containers and they should avoid using the front teeth to break harder foods (raw carrots, apples, etc.). You should also ensure that your child wears a proper fitting mouth guard for any and all contact sports and activities.

As a courtesy, The Doctor will replace a lost or broken restoration one time within 90 days after treatment has been completed if the restoration is lost with "normal" use of the tooth. This one time allowance only applies if the child has been compliant with care guidelines listed below. Restoring anterior teeth is complicated, technique sensitive and time consuming. If your child's tooth requires additional repairs or filling replacement, you will be responsible for the cost. If your child has had the tooth treated by a previous dentist, it is your responsibility to inform our office as insurance (if applicable) may not cover the cost of retreating the tooth and you will be responsible for any and all charges. If your child repeatedly loses the restoration, the tooth may require a full coverage restoration such as a crown or veneer. If the Doctor feels that this treatment is needed, he/she will discuss this with you, and make a referral to a dentist who provides cosmetic dentistry.

Care Guidelines

- □ Do not use teeth to open bags or containers
- Avoid using the front teeth to break harder foods (raw carrots, apples, etc.)
- □ Wear a proper fitting mouth guard for any and all contact sports and activities
- Use caution to avoid repeated trauma to teeth
- Brush teeth at least 2x daily and floss nightly to avoid future cavities
- □ Provide a balanced, low sugar diet to avoid future cavities

I have read the above information and have had the opportunity to ask any questions.

Parent/Guardian's Signature

Name of patient receiving treatment

Today's Date

Witness's Signature